



UCSB MULTICULTURAL CENTER

Empowering Student Leaders Series

ADVOCACY and the Power of Affirmations

**PRESENTED BY
THE MULTICULTURAL CENTER**

Join us for a night of self-discovery and creativity as we learn from Activist and Astrologer Afiya Sunflower on how to use affirmations and mindfulness practices to regain self-empowerment before, during, and after advocacy work, a commitment that requires championing for yourself and others. To help ground you in this journey, join us to create and decorate your affirmation cup and add it to your empowerment tool kit! Food will be provided!



PRESENTER
Afiya Sunflower
Activist and Astrologer

Afiya Sunflower is an astrologer, artist, activist, advisor and mindfulness coach. Through her writing, empowerment artwork, one-on-one consulting and mindfulness workshops, Afiya combines astrology, spirituality, and indigenous knowledge and practices to facilitate healing and energy transformation for BIPOC and LGBTQA+ individuals and communities. You can experience and engage with her work via Instagram @a_sunflower.power

[Description: a colorful flyer with a multi-colored background of shapes, including triangles and arrows. Bright yellow type and white informational type present the title of the event and informational details. One presenter, Afiya Sunflower, with shoulder length hair and a purple tint, in an orange top.]

MCC LOUNGE
WEDNESDAY, MAY 10TH
6:00-8:00 PM
Dinner will be provided.

<https://cglink.me/2dD/r2111090>

RSVP
at Shoreline



For more information or assistance in accommodating people of varying abilities, contact the MultiCultural Center at 805-893-8411. Wheelchair access for in-person attendees.

<https://mcc.sa.ucsb.edu/>
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