



UCSB MULTICULTURAL CENTER

Empowering Student Leaders Series

Let's Talk MICROAGGRESSIONS

PRESENTED BY THE MULTICULTURAL CENTER

Join the CAPS Mental Health Peers in tackling the topic of microaggressions during a workshop where attendees will learn the different types of microaggressions and the implications they have on mental health, especially as they intersect with other identities. This shared space will empower students and those with marginalized identities in navigating uncomfortable and harmful situations that involve microaggressions

For more information or assistance in accommodating people of varying abilities, contact the MultiCultural Center at 805-893-8411

Wheelchair access for in-person attendees



PRESENTERS

Phuong Nguyen

Mental Health Peer

UCSB Counseling and Psychological Services

Annika Sanchez

Mental Health Peer

UCSB Counseling and Psychological Services

**WEDNESDAY, MAY 31st, 6:00 PM
MCC LOUNGE**

RSVP at Shoreline:

<https://cglink.me/2dD/r2117822>

Dinner will be provided.



[Description: a flyer with a multi-colored background of shapes, including triangles and arrows. Two presenters in one row of headshots. Phuong Nguyen with long brown hair in a black top, and Annika Sanchez with long brown hair in a black top Logos include Counseling & Psychological Services (CAPS)]

<https://mcc.sa.ucsb.edu/>
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