Let’s Talk
MICROAGGRESSIONS

PRESENTED BY THE MULTICULTURAL CENTER

Join the CAPS Mental Health Peers in tackling the topic of microaggressions during a workshop where attendees will learn the different types of microaggressions and the implications they have on mental health, especially as they intersect with other identities. This shared space will empower students and those with marginalized identities in navigating uncomfortable and harmful situations that involve microaggressions.

For more information or assistance in accommodating people of varying abilities, contact the MultiCultural Center at 805-893-8411
Wheelchair access for in-person attendees

WEDNESDAY, MAY 31st, 6:00 PM
MCC LOUNGE
RSVP at Shoreline:
https://cglink.me/2dD/r2117822
Dinner will be provided.

PRESENTERS

Phuong Nguyen
Mental Health Peer
UCSB Counseling and Psychological Services

Annika Sanchez
Mental Health Peer
UCSB Counseling and Psychological Services

[Description: a flyer with a multi-colored background of shapes, including triangles and arrows. Two presenters in one row of headshots. Phuong Nguyen with long brown hair in a black top, and Annika Sanchez with long brown hair in a black top. Logos include Counseling & Psychological Services (CAPS).]