



UCSB MULTICULTURAL  
CENTER PRESENTS

*Conscious  
Conversations*

# EMBRACING EVERY BODY: CONFRONTING FATPHOBIA



## CALEB LUNA, SARAHE PEREZ- AGUILAR, LUCA YACÓN

We are inundated with fatphobic media messaging that says fat people should be the butt of the joke and who you DON'T want to look like. This shame can result in negative self-perceptions and damages our physical and mental health. What if we moved toward destigmatizing our fat, plus-size, chubby, and mid-size individuals? How can we recognize the ways that race, gender, and sexuality impact fat people? Join us for a panel, facilitated by Sarahe Perez Aguilar, featuring Assistant Professor Caleb Luna of the Feminist Studies department as we discuss fatphobia, exercise culture, and activism within the body. This judgment-free environment will be a space where we can listen, learn, and grow with each other.

**TUES, FEB 13TH**  
**6-7:45PM • MCC THEATER**



REGISTER ON SHORELINE:  
<https://cglink.me/2dD/r2258559>

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For more information or assistance in accommodating people of varying abilities contact the MultiCultural Center at 805.893.8411

