

## RESILIENT LOVE

## NAVIGATING WITH (OUT) INSTRUMENTS: THE WORKSHOP

TUESDAY, NOV 14TH, 2023, 12:00-2:00PM MCC Lounge

our processes require creativity
our creativity leans on curiosity, courage, experimentation
our creative experimentation asks us to trust the process

Enter into this writing workshop space, open and curious, and join in a two-hour collective experience with author, theatre deviser, multidisciplinary artist, organizer, traci kato-kiriyama (they+she / tkk).

traci will give a brief intro of their work, including theatrical and literary practices alongside a long journey of art+community organizing and solidarity work. tkk will take us through themes of their book, Navigating With(out) Instruments, and make space for folks to build poems for storytelling and writingntry point into writing again, continuing to write, or to writing anew—all oriented to each participant's own "Table of Contents" (an exercise that will carry into our writing processes well beyond the day of the workshop).

They'll invite you to take risks and be open about your process, but you'll never be forced to share aloud. It'll be a challenging, yet nurturing entry point into writing again, continuing to write, or to writing anew — all are welcome.

## Themes include:

intersectional solidarity work; radical love; community organizing and
 mental/spiritual/emotional wellness; collective care.

Let's take a collective, transformational DIVE!