



THE UCSB MULTICULTURAL CENTER AND RCSGD PRESENT
Resilient Love Series

SELF CARE

How I learned what it means to **SURVIVE**

Audre Lorde said, "caring for myself is not self indulgence, it's self-preservation." Following the shooting at Pulse Nightclub, Brandon Wolf quickly learned the power – and necessity – of self care. This presentation explores the real life application of self care; the challenges of caring for one's self in a world that prioritizes productivity; and the incalculable need for community when healing. The truth is, you don't have to save the world to earn your place in it. This talk will empower the audience to demand the ultimate form of resistance:
SELF CARE.

BRANDON WOLF

**TUESDAY
NOV 15,
2022, 6PM
MCC THEATER**

Brandon Wolf is a nationally recognized LGBTQ civil rights advocate, leader in the movement to end gun violence in America, and survivor of the 2016 shooting at Pulse Nightclub. After narrowly escaping that night, Brandon channeled his life into fighting for a safer world for future generations and honoring victims of injustice with action. He is a co-founder of The Dru Project, a nonprofit organization that empowers safe spaces in schools for LGBTQ youth. Brandon's work centers those living at the crossroads of identity and acknowledges that the simple act of caring for oneself is radical in society today.



REGISTER ON SHORELINE

UCSBMCC    

For more information or assistance in accommodating people of varying abilities contact the MultiCultural Center at 805.893.8411