



Second Session  
on October 14



# HOLISTIC SAFETY PLAN COMMUNITY SERIES

## A Ki To Be FREE

Join us for the HSP Community Series, **A Ki To Be FREE**, a space to share, reflect, and connect around issues at the heart of community and identity. Held on Tuesdays at noon in the MCC Lounge on 10/14, 10/28, and 11/18, this series, in collaboration with the Office of DEI, invites you to bring your lunch and your voice as we explore meaningful questions together.

**Our second session on October 14th will focus on the theme:**

**How do we navigate feelings of fear and uncertainty during political chaos and abuse of power?**

**How do we activate inner leadership and collective courage?**

**Tuesdays**  
**10/14, 10/28,**  
**and 11/18**  
**12:00-1:15pm**  
**MCC Lounge**

Each session, we'll tackle new topics that deepen our understanding of community building, resilience, and support within the unique context of our academic space.

Register on Shoreline:  
<https://cglink.me/2dD/r2269080>



   @ucsbmcc

For more information or assistance in accommodating people of varying abilities contact the MultiCultural Center at 805.893.8411