




Next Session  
on November 13



# HOLISTIC SAFETY PLAN COMMUNITY SERIES

## A Ki To Be FREE



Join us for the HSP Community Series, **A Ki to be FREE**, a space to share, reflect, and connect around issues at the heart of community and identity. Held on Wednesdays at noon in the MCC Lounge until November 20th, this series invites you to bring your lunch and your voice as we explore meaningful questions together.

Our next session on November 13th will focus on the theme:

How can our community respond to the emotional impact of the election, particularly for those feeling anxious, fearful, or hopeful?

**Wednesdays**  
**12:00pm**  
**MCC Lounge**

Each week, we'll tackle new topics that deepen our understanding of community building, resilience, and support within the unique context of our academic space.

Register on Shoreline:  
<https://cglink.me/2dD/r2263990>



 @ucsbmcc

For more information or assistance in accommodating people of varying abilities contact the MultiCultural Center at 805.893.8411

